HAMDEN WOMAN'S CLUB, INC., GFWC

"The Helping Hands Herald" www.hamdenwomansclubinc.org

February 2023

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President's Message

IN DINE

Annette LaVelle & Zunny Martinez

At our next meeting, we will be hearing from a member of the Hamden Fire Department. We hope you will all be there.

We are looking forward to hearing about your fundraising ideas. As you know if you were at the January meeting it was decided to postpone our major fundraiser for this year. We still seem to be "under the weather", and in need of a break from working on a big event. The club uses all monies raised for scholarships, donations, and our budget. We need your help, so put your thinking caps on and WOW us at the February 1st meeting.

Please remember to bring in your beautiful arts and crafts.

We would like to welcome our new members and look forward to working with them in the future.

Debbie Boyaji and Sue Yates are still not well enough to come back to meetings. Please keep them in your thoughts. I am sure they would love to hear from you. Our next meeting promises to be informative and fun. We look forward to seeing you on February 1st.

Calendar of Events

January 27th – Home Life/Public Affair Workshops: Birthday Bags & Bookmarks Miller Senior Center 9:15am

January 28th - New Members Lunch

February 1st – General Meeting

Miller Senior Center

Guest Speaker Hamden Fire Dept.

Hamden 6:30pm

February 14th - Book Club

February 15th – Board Meeting Miller Senior Center Hamden 6:00pm



VOLUNTEER HOURS

Please hand in your volunteer hours to Rosalie Loewenbaum.

These are for hours that you have done on your own not on a Hamden Woman's Club committee.

February News Flash

Linda Melillo, 1st Vice President

Hello ladies! Happy Groundhog Day, President's Day, Valentine's Day and don't forget to get your ashes on Ash Wednesday for those who are Catholic.

National Get Up Day is February 1st. It is a day that reminds us to pick ourselves up when we've fallen. Get up when we stumble and encourage each other to do the same.

February 1st is National Dark Chocolate Day so include in a piece of dark chocolate. It's said that dark chocolate is good for your health (in moderation of course).

In the meantime, I hope you will enjoy the presentation by the Hamden Fire Department at our February meeting.

Remember that *February is Heart Health month*.....so take care of heart!

HOME LIFE/PUBLIC AFFAIRS Committee

Carole Passarelli/Linda Bishop

Hello committee members. We will have a workshop on Friday, January 27 from 9:15am to noon. The workshop will be at the Miller Library Senior Center in the activity room. We will work on two projects, birthday bags for the Quality Parenting Center at the Children's Center and bookmarks for the Homebound Delivery Services at the Hamden Public Library. We ask that committee members attending the workshop bring a small ruler and a pair of scissors.

INTERNATIONAL AFFAIRS

MARJORIE GIUNTI

The International lunch group met on January 19th at the new Transilvania Restaurant and Bar in East Haven. The ladies enjoyed a tasty bite of Romanian food and the reported that the food, atmosphere, and service were "FANG-TASTIC"!

CONSERVATION:

Susan Centone

Clothing recycling in Hamden. There are a number of options for recycling your clothing and other textiles such as linens, shoes, belts, backpacks- anything cloth. Even if it is not wearable and worn out, place your clothes into any bag and drop it off at the pink container at the Hamden Transfer Station. There are also bins for reusable clothing at the transfer station as well. Or call the company and schedule a pick up (this may take awhile). Also go to the website to find out all of the things you can recycle in the pink container, it includes other household goods as well. https://simplerecycling.com/ Of course there are always local thrift stores and quite a number of drop off containers at town churches and store parking lots. For more information, call the Hamden Recycling Coordinator, Joe DeRisi, at 203-287-7021

We Will continue to collect the metal tabs off of soda cans for the Ronald McDonald house. You can bring them to the meetings and I'll take them.

ARTS & CRAFTS - Update

Linda Canales

February's meeting will include our Arts and Crafts competition. We would love to see all the wonderful Arts and Crafts that our members create, so please bring them in and let us see what you've been working on. However, the only items to move on to SouthEast District and the State will be photography. If you plan on submitting a photo please bring a stand or easel for display. The Photo may be either color or black & white - it must be 8 x 10 and mounted on board (no mattes, frames or hangers). If you have any questions or would like to notify me in advance of the items you would like to submit, just give me a call or text (203-645-5334). Let's have some fun and see what you can do!!

BOOK CLUB

Susan Centone

The book club met on January 10 at the townhouse diner on Whitney Avenue in Hamden.

The following books were discussed

'Faith still moves mountains'
by Harris Faulkner

'We must be brave' by Frances Liardet

'The Unhoneymooners' by Christina Lauren

'Gone Missing' by Linda Castillo

'At the Water's Edge' by Sara Gruen

'Never Never' by James Patterson/Candace Fox

'Nine Perfect Strangers' by Lianne Morriarty

'If you knew her' by Emily Elgar

Thank you to everyone who joined us for book club. We usually meet the second Tuesday of the month at Hamden townhouse diner at 12:30. Everyone is welcome to join us. We each read our own book and discuss what we liked and didn't like about the book.

Next meeting will be on February 14.

MEMBERSHIP

<u>Carolyn DellaPietra,</u> <u>Shirley Cavanaugh, Carol Noble</u>

The Hamden Woman's Club is open to any woman over the age of 18 who would like to volunteer in the community, develop new friendships, and have fun at the same time!

Prospective members are always very welcome to attend meetings. We encourage anyone interested in learning more about Hamden Woman's Club to call Carol Noble, at 203-288-6986, Carolyn DellaPietra @203-675-8444, or Shirley Cavanaugh @ 203-248-9726.

NOTE FROM THE EDITOR:

Should you have any questions or concerns about this newsletter please contact me via: email- wchnewsletter@gmail.com phone - 203-543-9200

Special note: The preferred method of newsletter submissions is email. If you are going to type your submissions, please email them to me by the 20th of each month



HWC

MEMBERS AT LARGE

Suggestions, Idea, Comments

How can we help?

Members Name:		
Phone:	Cell:	
Email:		
Comments:		

Should you feel uncomfortable putting your name just leave blank!

Hamden Woman's Club

Outside Volunteer Hours

This form is for the hours that you have volunteered in the community. **DO NOT** use this for any activities related to your work for the Hamden Woman's Club. For example, you can submit your hours if you volunteer in a hospital, school, senior center, etc.

Submit this form to Rosalie Loewenbaum.

OUTSIDE VOLUNTEER ACTIVITIES	
NAME:	
Volunteer Date:	
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TOTAL NUMBER OF HOURS:	1
DOLLARS DONATED:	
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