



# "THE HELPING HANDS HERALD"

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## HAMDEN WOMAN'S CLUB., GFWC

### FROM THE PRESIDENTS DESK.

Happy Fall HWC members!

I hope this message finds everyone in great spirits, good health and really excited about our upcoming event!

Our Fundraising is fast approaching, and I hope everyone is selling tickets, telling family, friends, neighbors and all the people you know, about it. Please remember that your participation and support are crucial in making it a success.

I would like to share with you all a little of my recent participation in the 114 th New England Region Conference, where I proudly represented our club and supported our dedicated State President Kathy DeBurra - The convention was an incredible experience, filled with informative sessions, fun activities, and a wealth of great ideas. I truly encourage everyone to consider attending these gatherings. They offer a unique opportunity to learn, grow, and bring fresh ideas back to our club. On the same token, I would like to also encourage all members to consistently participate at our monthly general meetings, engaging actively, respectfully, and patiently in all discussions, proposals, and projects. By prioritizing the well-being of our club, we guarantee its longevity and its ongoing capacity to serve our community.

Looking forward to seeing everyone on October 4th, and please check out the recipe I'll be sharing in the "Recipes" section of this newsletter. Let's all give it a try!

Zunny Martinez  
HWC President

## CALENDAR OF EVENTS

Oct. 4 – General Meeting  
Miller Senior Center  
Hamden 6:00pm

Oct. 10th – Book Club

Oct. 18th - Board Meeting  
Miller Senior Center  
Hamden 6:30pm

Oct. 22nd - Annual Luncheon Fundraiser  
The Woodwinds, Branford  
12:00pm-3:00pm

Oct. 26th - International Luncheon  
Staropolske Polish Restuarant

## VOLUNTEERISM

Rosalie Loewenbaum

### VOLUNTEER HOURS

Please hand in your volunteer hours to Rosalie Loewenbaum.

These are for hours that you have done on your own not on a Hamden Woman's Club committee.



# OCTOBER NEWS FLASH

1st VP -Linda Melillo

Greetings Ladies!

I am delighted to say we have our guest speaker for October 4th general meeting. Mr. Hindinger of Hindinger Farms of Hamden will talk about the origins of his family farm and their contributions to our community.

Our meeting will begin at 6:30 and our speaker prefers to speak prior to our meeting. Please be prompt so we do not keep him waiting. In addition, at our next general meeting on November 1st we will hear from the clinician who works with "Bigger than a Village" an organization helping former foster children to transition to life after foster care. Naturally, there are a lot of things they need and have limited funds. Some have special needs and some may have menial jobs.

That said, the following is a list of items that we could gather to offer to them for the holidays:

- Candy and snack food
- Coffee mugs
- Gift cards (Target, Walmart, Big Y, Stop & Shop, Planet Fitness, Game Stop)
- Addias Sweatshirts (size 2X)
- Workout clothes
- Movie passes
- Personal care items (shampoo, deodorant, body wash, shave needs)
- Cap & gloves for winter

This is a great opportunity to do a wonderful community service project. These young adults, who are no longer in foster homes because they have aged out of the program, have to learn how to mainstream into society with limited resources. Please bring any of the items listed to the October or November meetings so we can make their holidays a little brighter.

Thanks so much to y'all!

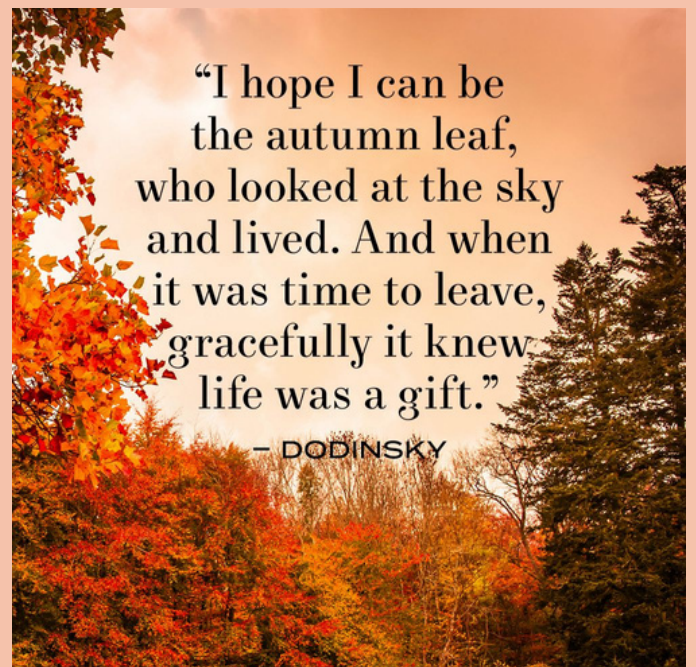
## Hospitality for Oct, 2023

October Hostess are:

Deb Boyaji, Linda Canales, Michelle Cassella, Shirley Cavanagh, Sue Centone and Olga Dela Victoria.

Members' duties as hostesses include furnishing refreshments during the month they are assigned.

*Please see Article VII section 6 for additional info.*





## HWC MEMBERSHIP INFO



Committee Members: Carol DellaPietra, Sharon Nola, Carol Noble, & Shirley Cavanagh

### Membership 2023

Hamden Woman's Club at work extending support to our local charities!

Putting on our volunteer spirit we continue to strive in our charitable endeavors. You the membership are the moving force in sharing your talents and resources to accomplish this work. Let us not lose the Spirit of our club.

We continue to add members every month and this month we welcome Lucy Minichino who has recently joined with a desire to be part of the Book Club and one other committee. Thank you, Lucy!

### In September:

- All members received a new badge, current By-Laws and Procedures. Please read the new inserts to your yearbook.

We look forward to a fun filled year sharing our God given talents with each other and those in need. The October fundraiser is the first big event of the year in which we can all participate. Let us get ready – buy your tickets, fill guest tables, invite friends and family, get raffle prizes in, purchase at least one and/or sell a spotlight raffle ticket.

Thank you for your continued support!

Reminding all chairpersons to get their 2023 program/project reports (January -December) in as they will be due to be sent to GFWC/CT the end of December. We continue to receive awards for the work we have accomplished by submitting these reports.

We were acknowledged for having written a perfect report last season. Membership won a \$100.00 Grant for this report. I have attached it to the newsletter for your information.

## *New Member Welcome News....*

New Member Orientation Brunch was held on May 27th, 2023, in the yard of Member Carolyn DP

It was a glorious day, the sun was shining, the flowers were in bloom, the buffet table was full of delicious treats, joy and friendship filled the air.

New HWC members, Marie Fatore, Joy Wildman, Bonnie Aniballi, Sharon Nolan and renewing member Shirley Mero attended. We were delighted to welcome GFWC/CT President Kathy Deburra and Member at Large Anne Edwards, Wendy Clery 2nd VP, plus HWC President Zunny Martinez, Linda Melillo 1 st VP, and standing members of the Hamden Woman's Club, of which a few have been involved for 55 years and 25 years, Marge Guinti and Rosalie Loewenbaum. Everyone had an opportunity to speak from their perspective why they have joined and how important it is to be part of this group of talented and caring women who share the volunteer spirit. They spoke about initiatives, programs, charitable projects accomplished and future goals in which members will participate.

Executive board member and 1st VP, Linda Melillo is requesting any new and current member to join her committee which develops monthly programs for the club. We are a charitable, civic and social club participating in the betterment of the Hamden Community.

Building friendships while sharing resources with those in need brings us to a higher level of concern and love for others. Women 18 and older are always welcome to come and see for yourself the joy that is present with women who are involved in productive projects that make others feel supported.

Meetings are held the first Wednesday of the month at the Miller Library senior Center.



# A BIG HAPPY BIRTHDAY SHOUT OUT TO ALL OF OUR OCTOBER BIRTHDAYS!!!

|                      |        |
|----------------------|--------|
| Rosalind Nevola      | Oct 2  |
| Meg Boice            | Oct 3  |
| Carolyn Della Pietra | Oct 8  |
| Antoinette Antonucci | Oct 12 |
| Rosalie Loewenbaum   | Oct 19 |
| Michelle Cassella    | Oct 21 |



## FALL ANNUAL FUNDRAISER

The Annual Fundraiser will be Oct 22, 2023  
at The Woodwinds in Branford, CT. Please lock  
the date in on your calendar.

Fall fundraiser committee next meeting will be  
Oct. 10th.

Let's sell tickets for this amazing event.

Thank you.

Melinda Saller & Kiera Keene



### NOTE FROM THE EDITOR:

Should you have any questions or concerns about this  
newsletter please contact Kiera Keene via: email-  
wchnewsletter@gmail.com or mobile - 203-543-9200

Special note: The preferred method of newsletter  
submissions is email. Please email your submissions to me  
by the 3rd Friday of each month.



## Member Spotlight

Carolyn Della Pietra



*Carolyn Della Pietra joined our club in 2016, and immediately showed us her strong leadership skills. She became the co-President of the club during the pandemic, where she worked tirelessly to keep the club active and involved. She made sure that everyone was called and contacted during that stressful time.*

*There are so many words to describe this wonderful woman: As a mentor, leader, impressive hostess, and a loyal friend to everyone she meets. Among all that, she is a fantastic cook and baker. Members have found it to be enjoyable to attend HWC events or meetign at her home.*

*Carolyn sees the best in everyone and encourages the HWC members to become their best. She is dedicated to her husband Bob and her wonderful family.*

*Our Club is honored to have her as a member and a friend. She is a shining star!,*

*"She is an amazing woman and inspiring member of the Hamden Woman's Club".*

# Club Committees....

## INTERNATIONAL AFFAIRS



**Marjorie Giunti**

The International lunch group ate at Da Wa Korean Restaurant in West Haven on September 21st and the eight members who attended were very pleased with the food. We were able to sample various Korean dishes.

Next month the date will be changed to the 4th Thursday which is October 26th because our Charity Luncheon is on the 22nd. I hope you are all going. We are going to Staropolske Polish Restaurant in New Britain. Let me know if you plan to attend.

The Plan USA children could use 2 more sponsors at \$24.00 for the year  
Contact me if you are interested..

## HOME LIFE/PUBLIC AFFAIRS

**Carole Passarelli/Linda Bishop**

Home Life/Public Affairs

At our September meeting there will be sign up sheets for the Home Life Committee. We have a few projects planned and we will be requesting suggestions from our committee members.

Our projects are designed to address needs of members of our community. We will be having our first meeting at the senior center on Thursday September 21.



## WAYS AND MEANS

**Sharon Welch**

Hi ladies!

If you've started fall cleaning and need to purge any household items..... Please give me a call and I will be happy to pickup at your house or you can bring to the monthly meeting.

BARN SALE Acceptable items: small furniture, china, jewelry, bric-a-brac pictures, household items, gloves, scarves, antiques, vintage items, dinner sets, rugs, exceptional collectible linens, lamps, working electrical items, small appliance, CDs, DVDs. hardcover books, craft books and crafting items.

Contact: Ways & Means (Sharon Welch) 203-444-2084



## REFLECTIONS

**Sue Yates/Pat Johnson**

Father, Mother, God, Thank you for your presence during the hard and mean days.

For then we have you to lean upon.

Thank you for your presence during the bright and sunny days.

For then we can share that which we have with those with less.

— Maya Angelou

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Hate has talked so loudly for so long. Greed has talked so loudly for so long. Liars have talked so loudly for so long.

Love has got to stop whispering.

— Marianne Williamson



# Club Committees....

## BOOK CLUB



**Susan Centone**

The book club met at the townhouse diner on September 12.

Nine members attended, and a great time was had by all.

The following books were discussed:

- The Italian wife, by Ann hood
- Music for chameleons, by Truman Capote
- Book woman's daughter, by Kim Michelle Richardson
- Winter in Paradise, by Elin Hinderbrand
- Neighbor's Secret, by L. Allison Heller
- Italian Girls, by Debbie Rix
- Small Things Like These, by Claire Keegan
- Fortitude, by Dan Crenshaw
- We Must Be Brave, by Frances Liardet
- The Personal Librarian, by Bella da Costa Green
- James Patterson Autobiography

The book club meets the second Tuesday of each month at 12:30 at the Townhouse diner on Whitney Ave in Hamden.

Everyone reads a book of their choice and we take turns discussing the book we have read.

Next book club meeting will be on October 10th. All are welcome!



## HOME LIFE/PUBLIC AFFAIRS

**Carole Passarelli/Linda Bishop**

Home Life/Public Affairs

Our committee is planning two projects for October.

Friday Oct 6 from 3:30pm to 5:00pm I will be in front of the library to collect cat food and supplies for the Greater New Haven Cat Project. Supplies needed are dry and wet cat food (they usually buy cat food from Walmart as they seem to have the best prices), bleach (needed to clean floors etc.), laundry detergent, dish washing liquid, sponges and paper towels. They do not need rags, towels, or washcloths as they have plenty of them. They buy their kitty litter at the Tractor Supply Company (there is one in Wallingford on North Colony Road). They do not usually buy from the pet stores as their prices are usually high.

OdoBan disinfectant and deodorizer is needed to clean cages as it does not harm the metal as bleach does. The only place they have been able to find it is at Home Depot. If you would like to donate and are unable to make the collection call Linda 203 387-2990.

The second project is the Trunk and Treat for The Children's Center of Hamden on Whitney Avenue. It will be from 4:45pm to 6:00pm on Thursday Oct. 26.

They are expecting 100 Children.

If you are interested in donating treats, please bring your donations to the meeting on Oct. 4. The Children's Center asks that the candy be individually wrapped and peanut nut and tree nut free (no Reece's or nut butters). If you would like to donate and cannot make the meeting call Linda at 203 387-2990 and I will pick it up. We will have a workshop to fill treat bags and decorate a box to put the treats in on Thursday Oct. 19 from 4:45pm to 7:00pm at the Miller Senior Center in the activity room. If you would like to go to the Trunk and Treat, you can dress up if you like.





## RECIPE FOR A SUCCESSFUL FUNDRAISER



# RECIPES

### INGREDIENTS:

- 1 pound of brainstorming
- 1 cup of creativity
- 1 cup optimism
- 1 cup Sponsors/Donors
- 1 tablespoon luck
- 1 tablespoon fun
- 2 tablespoons comradery
- Dash of a humor
- Follow-through as needed

### INSTRUCTIONS:

1. Mix together, as much as possible, adding "open-minded" as needed.
2. Divide into 6 parts:
  - Registration and tickets
  - Food and Beverage
  - Décor
  - Marketing and PR
  - Raffles/drawings
  - Program/entertainment
3. Let those parts sit together, working together as much as needed. Remember to keep adding "open-minded", maybe some "humor" and "comradery" as needed to each part.
4. Mix all parts together and add a little follow-through.
5. Share the news about your successful dish and ask everyone to come try it and contribute!
6. Save your lessons learned and successes for the next time.
7. Don't forget to thank all your cooks and those you came to try it out!

## Pumpkin Squares

- |                        |                             |
|------------------------|-----------------------------|
| 4 eggs                 | 2 cups sugar                |
| 1 cup oil              | 1 can solid pumpkin (15 oz) |
| 2 cups flour           | 2 Teaspoons baking powder   |
| 1 Teaspoon baking soda | 2 Teaspoons cinnamon        |
| 1/2 Teaspoon ginger    | 1/2 Teaspoon cloves         |
| 3/4 Teaspoon salt      |                             |

Preheat oven to 350 degrees, grease a 15x9 cookie sheet  
 Beat eggs, sugar, oil and pumpkin. Stir in sifted dry ingredients  
 Pour batter into the prepared cookie sheet.  
 Bake 25 minutes or until toothpick comes out dry

#### Frosting:

- |                                    |                                         |
|------------------------------------|-----------------------------------------|
| 3 ounces of cream cheese, softened | 1/4 cup + 2 tablespoons softened butter |
| 1 Teaspoon vanilla                 | 2 Cups powdered sugar                   |
| 1/2 Cup chopped walnuts (optional) |                                         |

Beat cream cheese and butter until smooth. Add vanilla and powdered sugar and beat until smooth.

Frost squares and sprinkle with chopped nuts.

Refrigerate prior to cutting into squares.

Yield: 28 - 2" squares.

This recipe was given to me by one of our great bakers from the HWC many years ago, Marge Giunti.









**HWC**

## **MEMBERS AT LARGE**

**Suggestions, Idea, Comments**

**How can we help?**

**Members Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Cell:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Comments:** \_\_\_\_\_

**Should you feel uncomfortable putting your name just leave blank!**



# Hamden Woman's Club

## Outside Volunteer Hours

This form is for the hours that you have volunteered in the community.

**DO NOT** use this for any activities related to your work for the Hamden Woman's Club. For example, you can submit your hours if you volunteer in a hospital, school, senior center, etc.

Submit this form to Rosalie ~~Loewenbaum~~.

### OUTSIDE VOLUNTEER ACTIVITIES

NAME:

Volunteer Date:

TOTAL NUMBER OF HOURS:

DOLLARS DONATED:



